

7 Steps to Attract Your Soulmate Journal

Why are you choosing to attract your soulmate into your life NOW?

Have you decided with certainty that you desire your soulmate in your life NOW? Why or why not?

When you think of being with your soulmate, what are the reasons you tell yourself or other people why you are single? Are you willing to stop saying and believing those things? Why or why not?

How do you want to FEEL when you're with your soulmate? Why?

What activities do you want to DO together with your partner? What activities do you want to do alone or with friends when you are with your soulmate? Why?

What are the top 5 qualities you want your soulmate to have?

Who do you want to BE as a partner to your soulmate? Why?

What are some ways you can start BEING those things now?

Do you believe you deserve to be loved? Why or why not? What are 3 ways you can start being more loving to yourself now?

What was the reason you broke up with the last person you loved or cared about? How were you responsible for what happened? What have you done to learn from this relationship? What have you done to forgive this person for anywhere you feel they hurt you?

What plan are you going to use to attract your soulmate? What can you start doing today that's part of your plan?

What have you been attracting as far as dates lately or the last few dates you went on? What type of people/ experiences did you attract?

What can you do to have more trust, faith, and gratitude for everything in your life?

I hope you got some awareness from this class! If you want a proven plan for attracting your soulmate using online dating, please go to www.ColetteGallagher.com/courses!